

Example 3

8hrs / 20

SI - Spinal Eval + Manipulation



*8 hours
20 total contact hours

S1 - Spinal Evaluation & Manipulation

Impairment Based, Evidence Informed Approach

Tuition: \$595 (plus \$255 per credit hour if taken for graduate credit)

Hours: 20 or 2.0 CEUs (includes 5 online hours) or 3 graduate credits

Prerequisite: Intro S1 Webinar & Pre-course FCO - Home study (included with S1)

Who Attends: Physical Therapists

This is a two-day seminar emphasizing interpretation of basic science knowledge toward the development of clinical skills needed for differential evaluation and effective treatment of spinal dysfunction. General principles of functional anatomy, tissue and joint biomechanics, pathology and treatments are applied to clinical examination and treatment. Includes instruction and techniques of evaluating structure, active movements and palpation for condition, position and mobility of the spine. Manipulation techniques are instructed at all levels of the spine except the subcranial area. Supportive treatments, such as exercises and distraction, are instructed and practiced to a limited degree. At the conclusion of the seminar, the student should feel confident to examine and treat most common spinal conditions.

Learning Objectives:

At the completion of this seminar, the attendee should be able to:

- conduct a comprehensive physical examination of the spine
- describe the mechanisms and characteristics of spinal pain and the behavior of pain patients
- safely perform basic spinal manipulation techniques
- observe, perform and demonstrate safe thrust techniques on thoracic and lumbar spine
- discuss and present cases with spinal dysfunction
- describe the indication and contraindications of spinal manipulation
- demonstrate an appreciation of the role of therapeutic exercise and preventative measures in the management of spinal dysfunction

Course
20 Hrs (incl. online)
3/5 of 20 hrs = 8 Hrs
Considerations:
S1 is not broken up into areas except for SIS, and we did some TMS mobs too
C/T/L/TMS/SIS
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Cerv. spine + TMS portions are applicable to CCTT, so it's fair to consider
3/5 of CE hrs as applicable.

DAY ONE	DAY TWO
8:00 - 8:30 Welcome and Introduction 8:30 - 9:30 Pain Management 9:30 - 10:00 Biopsychosocial Model	8:00-10:00 Review Manipulation Lab
10 AM BREAK	10 AM BREAK
10:15 - 10:45 Structure 10:45-11:00 Active Range of Motion 11:00 - 12:00 Palpation	10:15 - 11:30 Sacroiliac review 11:30 - 12:00 Syndrome Review
LUNCH HOUR	LUNCH 3/4 HOUR
1:00 - 3:00 Palpation for Mobility	12:45- 1:15 Patient Evaluation 1:15-2:00 Presentation of findings
3 PM BREAK	2:00- 3:30 End of Class Review and Round Robin
3:15 - 6:00 Manipulation Lecture & Lab	

Not counted