

Example 2

14 hrs / 28

The mckenzie Institute

# The McKenzie Institute® USA

*Attests that*

attended

**Part D: ADVANCED CERVICAL AND THORACIC SPINE  
AND EXTREMITIES - UPPER LIMB**

**The McKenzie Method® of Mechanical Diagnosis and Therapy®**

**28 contact hours\***

*Course Date:* 2/7/2019-2/10/2019

*Course Location:* San Francisco, CA

*Course Instructor:* 

**Scott Herbowy, PT, OCS, Dip. MDT**

- The Arizona Physical Therapy Association approved this course for 2.8 CEUs or 28.0 contact hrs of continuing competence credit (Approval #CEUL021198).
- The California Physical Therapy Association approved this course for 2.8 CEUs (Approval #19-08).
- The Florida Physical Therapy Association approved this course for 28 live hrs (Approval #CE19-577808, 20-577809).
- The Illinois Chapter Continuing Education Committee has certified that this course meets the criteria for approval of Continuing Education offerings established by The Illinois Physical Therapy Association for 28 hrs (Approval #164-7245).
- The Louisiana Physical Therapy Board approved this course for 28 clinical hrs.
- The Maryland State Board of Physical Therapy Examiners approved this course for 2.8 CEUs.
- The Minnesota Board of Physical Therapy approved this course for Category 1 continuing education credits for 28 hrs (Approval #1603).
- The Mississippi State Board of Physical Therapy approved this course for 28 clinical contact hrs of continuing education for licensure renewal purposes. This course has been approved by the Nevada State Board of Physical Therapy Examiners for 1.5 clinical units of continuing education.
- The New Jersey Board of Physical Therapy Examiners approved this course for 28 continuing education credits. (NJBPTE Approval #1710-48).
- The New York State Education Department, Office of the Professions has granted The McKenzie Institute Approved Provider status (4/12/16 - 4/11/19).
- The Ohio Physical Therapy Association approved this course for 28 hrs (Approval #19S00081).
- The State of Oklahoma Board of Medical Licensure & Supervision approved this course for 28 hrs (Approval #201910229).
- The Pennsylvania State Board of Physical Therapy approved this course for 28 hours (Approval #PTCE010571).
- The Tennessee Physical Therapy Association approved this course for 2.8 CEUs (28 contact hrs) for Class 1 Continuing Competency Requirement (Approval #2018-480).
- The Texas Board of Physical Therapy Examiners approved this course for 28 CEUs as meeting continuing competency requirements for PTs and PTAs (Approval #65043).
- The West Virginia Board of Physical Therapy approved this course for 28 contact hours (Approval #TMCKI-R19-06 / CEUL023654).
- The McKenzie Institute (BOC AP#: P931) is approved by the Board of Certification, Inc. to provide continuing education to Athletic Trainers. This program is eligible for a maximum of 28 EBP Category hours/CEUs. ATs should only claim those hours actually spent in the educational program.



\* Unless otherwise noted above, all hours involve evaluative procedures.  
If applicable, Participant License Number \_\_\_\_\_

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NOT included 1.75 hours

28 total  
contact  
hours

25% cervical spine  
~~25% thoracic spine~~ not counted  
~~25% upper limb / extremities~~ not counted  
 25% cervicogenic headaches  
 = 50% of 28 hours  
 \*14 hours



## **PART D**

# **MECHANICAL DIAGNOSIS AND THERAPY CERVICAL & THORACIC SPINE & EXTREMITIES - UPPER LIMB**

### **COURSE GOALS**

As its name implies, this course focuses on advanced Mechanical Diagnosis and Therapy for the cervical spine and an introduction to the application of Mechanical Diagnosis and Therapy for the lower extremities. The goals of this course are that you build on the knowledge and skills that you gained from the MDT Part B by improving your clinical reasoning, enhancing your patient management skills and expanding your knowledge base to include the extremities.

**Following attentive participation and completion, this course will provide participants with the knowledge, skills and abilities to:**

#### **Cervical and Thoracic Spine**

1. Identify, analyse and discuss common problems encountered in the application of Mechanical Diagnosis and Therapy for the cervical and thoracic spine.
2. Analyse and discuss the MDT assessment in a biopsychosocial framework and explore how it is used to differentially diagnose and determine classification.
3. Analyse and discuss the MDT management principles of Derangement, Dysfunction and Postural Syndrome with focus on reassessment, the progression of forces, recovery of function and prophylaxis.
4. Perform MDT procedures for the cervical and thoracic spine at an advanced level and to identify and analyse problems with their application.
5. Recognise the criteria of the OTHER subgroups in the cervical and thoracic spine, understand the criteria for diagnosis and explore management options
6. Analyse and differentiate the various causes of headache and discuss how the McKenzie History and Physical Examination assist in determining the presence of cervicogenic headaches.
7. Analyse and discuss case studies of patients presenting with cervical / thoracic symptoms, to differentiate and determine classification management.

