The Temporomandibular Complex (TMC)
Comprehensive Evaluation & Treatment
Module II - Day Two

7:15-8:00: Continental breakfast.
8:00-9:00: Case presentation: Evaluation and treatment of a closed lock patient.
9:00-10:00: Workshop IX: Manual extra-oral mobilization of the TMJ: Techniques to increase vertical ROM to eventually allow for manual intra-oral mobilization techniques.
10:00-10:15: Break
10:15-11:00: Lecture: Adjunctive oral appliances: Objectives, advantages, disadvantages, types, assessment and therapeutic protocol.

11:00-12:00: Workshop X: Indications, practice and discussion of specific therapeutic home exercise paradigms: 1. TMJ Decompression. 2. Hyoid Repositioning. 3. Active Exercise Program 4. TMJ Hypo-mobility Home Exercise Program with tongue depressors. 5. TMJ Hypomobility Home Exercise Program with passive stretching devices. 6. TMJ Hypermobility Home Exercise Program. 7. Mandibular Deflection Home Exercise Program. 8: Specific Exercise for Discal Recapture 9. Program for strengthening the Mandibular Elevator Muscles. 10: Home program to inhibit tongue thrust.

12:00-1:00: Lunch
1:00-2:00: Workshop XI: Manual intra-oral masticatory muscle release and joint mobilization techniques.

2:00-3:00: Workshop XII: Specific adjunctive devices and techniques to enhance carry-over of treatment benefit and prevent recurrence. Passive mobilization devices, cold-laser, dry needling, micro and milliamp electrical stimulation techniques, stretch & spray, etc.

3:00-4:00: Lecture: Comprehensive management of the non-surgical TMD patient. Case presentation of hypo and hypermobility syndromes from trismus to subluxation.

4:00-5:00: Workshop XIII: Review of all TMD manual techniques.